



# Downsizing Made Easier!

---

## Tips to Transitioning

# Outside Presenter Disclosure

Rodgers & Associates presents or sponsors frequent seminars as a complimentary service to our current and prospective clients.

This presenter is not an employee of Rodgers & Associates.

The presenter's views are their own and do not necessarily reflect the views of Rodgers & Associates.

Rodgers & Associates is not endorsing or agreeing with the presented information.





**FOR EVERYTHING THERE IS A SEASON...**

2 x SPACE

---



# \$43,000,000



[This Photo](#) by Unknown Author is licensed under [CC BY](#)

# Downsizing:

Negative  
connotation

Less  
square  
footage

Change in  
circumstances



---

**The key to rightsizing  
is not finishing the  
process;**

**..... *it's starting it.***

# IT'S JUST LIKE WEIGHT

---

- You don't gain weight overnight and you don't lose it overnight.
- Think of living smaller as losing 100 pounds of "stuff."







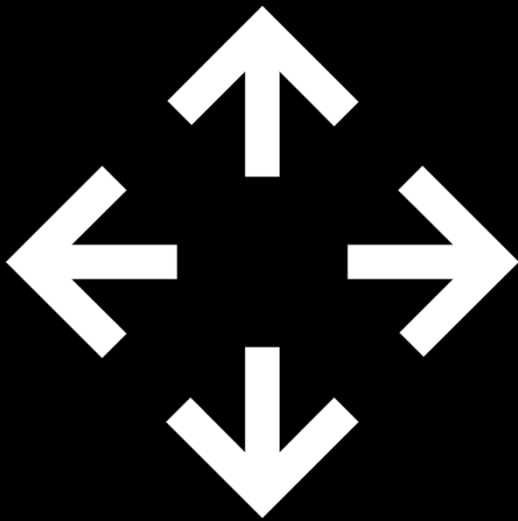
# **RULE:**

---

- **F – Fix a time**
- **A – Anything not used\* for 12 months**
- **S – Short sorting sessions**
- **T – Trash – Gone!!**

***(\*Not seen, touched, used!)***

# What does *GO* mean?



- **Go away?**
- **Go with you?**
- **Determine your codes –**
  - **M – MOVE**
  - **S – SELL**
  - **F - FAMILY TAKE**



**GUIDING  
PRINCIPLE:**

**SIMPLICITY AND  
AFFORDABLE  
LUXURY**

# IDENTIFY YOUR FAVORITE THINGS

- WHAT YOU HAVE
- HOW YOU USE IT
- WHY YOU LOVE IT  
NICE TO HAVE
- MUST HAVE





# What influences “favorites”

---

- **Might need it some day**
- **I feel guilty getting rid of it**
- **Personal achievements**
- **\$\$\$\$\$\$**
- **I can use it for parts**

A photograph of two women sitting back-to-back in a field of autumn foliage. The woman on the left has long brown hair and is wearing a dark jacket. The woman on the right has short blonde hair and is wearing a blue denim jacket over a pink turtleneck. They are both looking away from each other, suggesting a tense or distant relationship.

# **FAMILY DYNAMICS**

**It's all valuable**

**Vs**

**It's all junk**



# **Frustrations**

**Your kids  
don't want  
your stuff.**

# Family dynamics

- Shift in family roles
- Open Communication
- Respect for each other's opinions
- Consider sentimental attachments





# START TODAY – LINEN CLOSET

---

- Blankets
- Towels
- Medicines
- Luggage
- Toiletries



# START TODAY - KITCHEN

- Kitchen Utensils
- Coffee Mugs
- Plastic Containers
- Vases
- Food





# SPICES

- Herbs: 1-3 years
- Seasoning blends and mixes: 1-2 years
- Ground spices: 3 years
- Seeds: 4 years except for poppy and sesame seeds which should be kept no longer than 2 years
- Whole spices: 4 years



## **START TODAY – CLOTHING**

- **Bargain**
- **80/20 Rule**
- **Wish**

# Clothing Rules

- **Gotta love it**
- **Fits you well....NOW**
- **Feels good when you wear it**
- **Gets compliments**



- **Look in your underwear, sock and nightware drawers.**
- **Pick out the items that are still wrapped and you were saving them for “good.”**
- **Start wearing them.**
- **Undies with the elastic shot ....pitch!!**



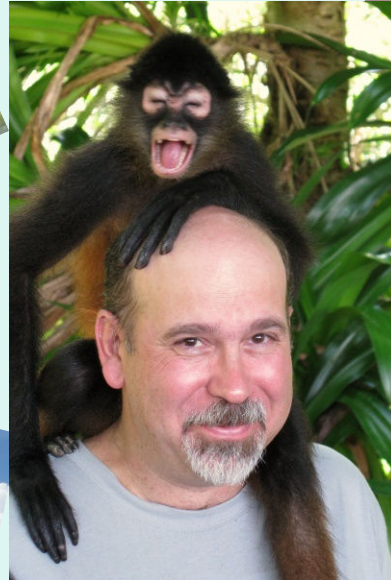
# PAPERLESS SOCIETY– NOT!!




**80/20 Rule**



# Photos – Photos - Photos







# No Warehousing

- **Stop storing your children's things.**
- **If you borrowed something, return it.**

# Great job! Now what?!?



# What is your objective?

- The greatest amount of cash?
- The least amount of work?
- The shortest amount of time?



# What are My Things Worth?

- **Antique – pre 1964**
- **Collectible – 1964-1980**
- **Desirable – 1980 – present**
- **Reusable – all of the above whose primary value is reuse**

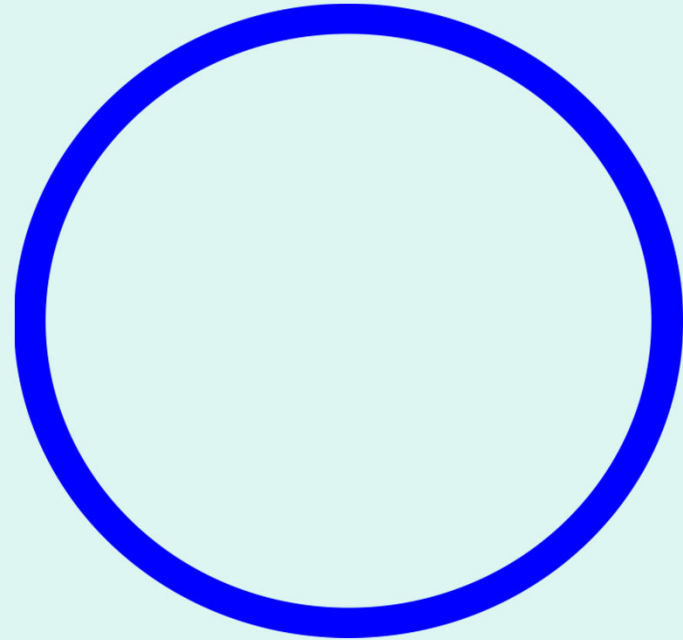
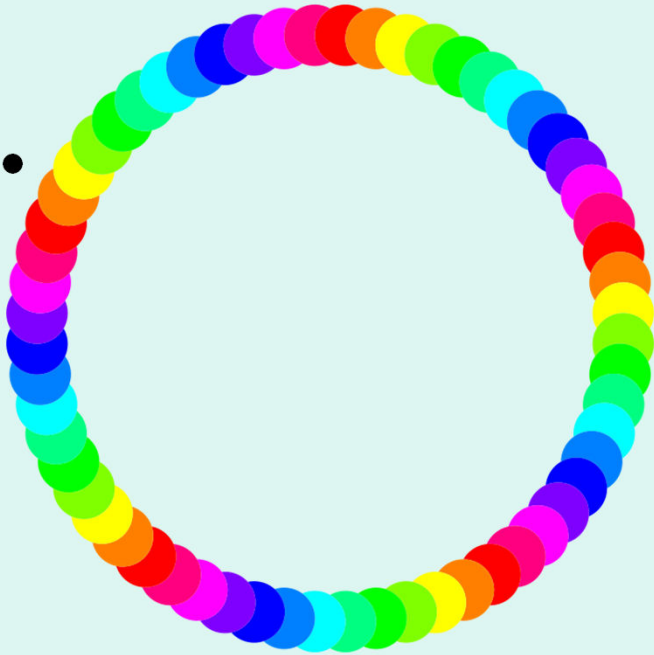
***An object has no value without a buyer!***



# SHIFTS IN DEMOGRAPHICS

- The Buyers
- 35-55 yr olds

- The Sellers
- 65 years and older



# EXPECTATIONS

- **TV (Antiques Road Show, Storage Wars)**
- **Insurance appraisals**
- **Friends**
- **Own Perception**

# Value is Subject To...

---

Condition, condition, condition!

---

Completeness

---

Generational (60s and 70s are hot!)

---

Scarcity

---

Desirability

# OPTIONS TO CONSIDER

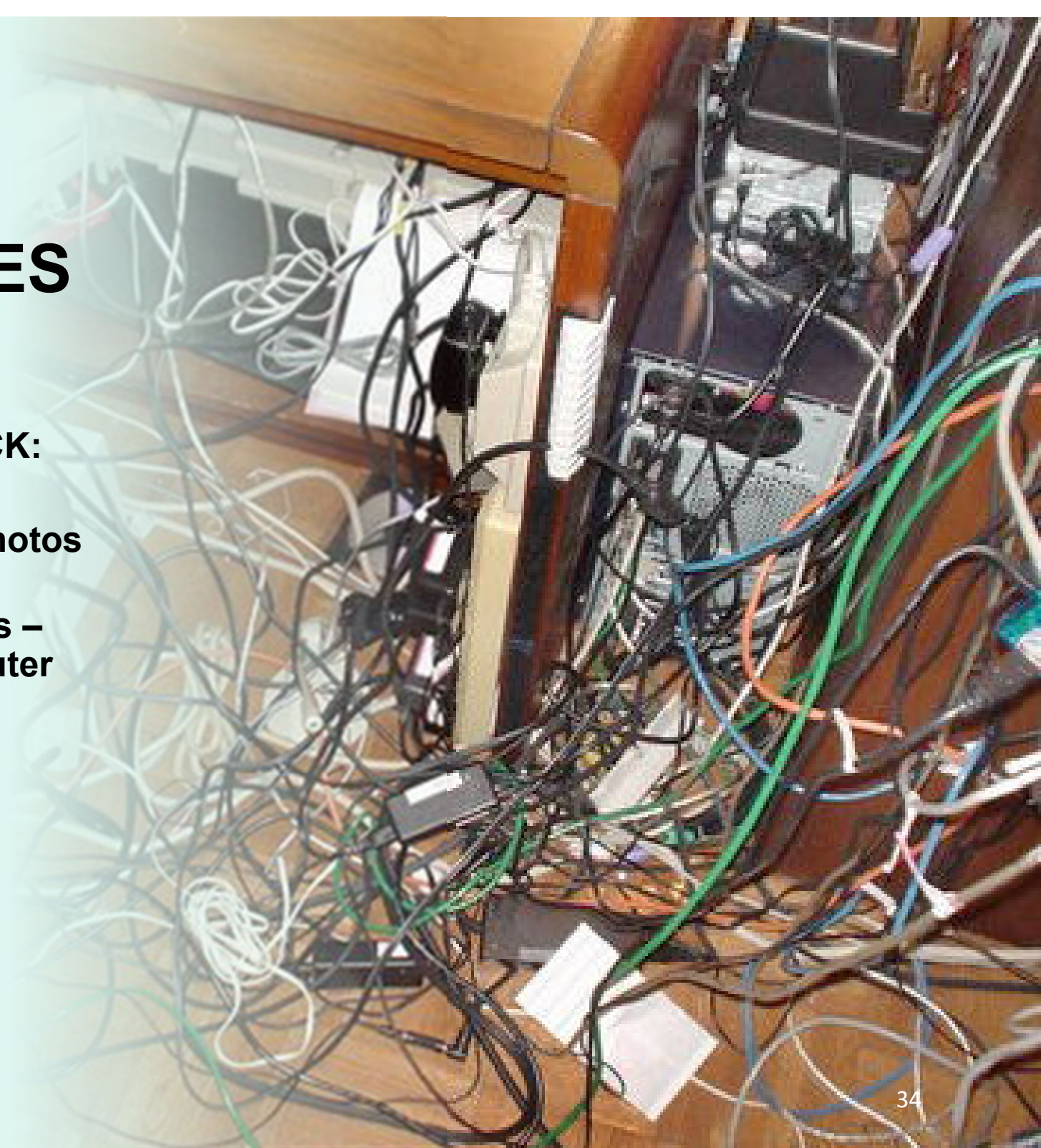
- Estate Sales
- Consignment
- On Line Auction
- Traditional Auction
- CraigsList
- Facebook Marketplace
- Assorted Specialty Vendors





# PACKING STRATEGIES

- **BEFORE YOU PACK:**
  - **Protect critical photos and files**
  - **Photograph cords – television, computer**



# PACKING STRATEGIES

## WHILE YOU PACK:

- Color code boxes
- Mark essential boxes separately
- Create a first night box of essentials (medications, toothbrush, change of clothes, TP)



# PACKING STRATEGIES

WHILE YOU PACK:

- Make plans for pets



# PACKING STRATEGIES

- **DURING THE MOVE:**
  - **Do not box valuables or important documents!!**
  - **Pack a first day cleaning kit**
  - **Box Cutter and**
  - **TP**





38

# TIPS

ORGANIZE  
STORAGE

# **KNOW YOUR RESOURCES**

**Great timelines on line –**

**Upack.com**

**Movers guide:**

**<https://moversguideusps.com>**





# GET HELP!

## **SENIOR MOVE MANAGER:**

A project management specialist who organizes and plans everything to help adults move.

## **PROFESSIONAL ORGANIZER:**

A person who creates order and efficiency in others' lives.



**LET THE GOOD TIMES ROLL!**